I am a 57 year old black woman, a feminist and a lifelong Democrat. I am old enough to remember what life was like before Title IX. My older sister was an exceptional athlete but there were no scholarships for female athletes at that time. A generation later her daughter had multiple opportunities and now has an Ivy League degree.

I am a social worker and know firsthand the impact sports can have on the lives of young girls and women. It builds confidence and self-esteem.

None of these positive effects would be possible if these girls and women have to compete against males, regardless of how they identify. Please prioritize girls and women and keep sports single sex.

Thank you.